

His worship ﷺ

The night prayer, a portion kept up without fail, istighfar through the day — and nothing extravagant anywhere in it.



★ The pattern to copy

لَقَدْ كَانَ لَكُمْ فِي رَسُولِ اللَّهِ أُسْوَةٌ حَسَنَةٌ

“There has certainly been for you in the Messenger of Allah an excellent pattern.” His worship is a model to follow, not a marvel to admire.

Qur'an 33:21

★ Rise in the night

وَمِنَ اللَّيْلِ فَسَجَّدَ بِهِ نَافِلَةً لَّكَ

“And from the night, arise to pray with it as an added worship for you.” Commanded in Makkah; kept up for the rest of his life.

Qur'an 17:79 • 73:2

★ Until his feet swelled

أَفَلَا أَكُونُ عَبْدًا شَكُورًا

He stood until his feet were swollen. Asked why, when he was already forgiven, he said: “Should I not be a grateful servant?”

Sahih al-Bukhari 1130 • 4837

★ Eleven rak'ah

‘A’ishah: he never exceeded eleven rak'ah at night, in Ramadan or outside it. The length was in the standing, not in the count.

Sahih al-Bukhari 1147

★ Witr last

اجْعَلُوا آخِرَ صَلَاتِكُمْ بِاللَّيْلِ وَتَرًا

“Make witr the last of your prayer at night.” The night's portion is closed with an odd number.

Sahih al-Bukhari 998

★ How long he recited

Hudhayfah prayed one night with him: he began al-Baqarah and did not stop, then an-Nisa', then Al 'Imran — reciting without haste.

Sahih Muslim, Kitab Salat al-Musafirin

★ Istighfar through the day

لَأَسْتَغْفِرَ اللَّهَ وَأَتُوبُ إِلَيْهِ فِي الْيَوْمِ أَكْثَرَ مِنْ سَبْعِينَ مَرَّةً

“By Allah, I ask Allah's forgiveness and turn to Him more than seventy times a day.” Muslim's wording has a hundred.

Sahih al-Bukhari 6307 • Sahih Muslim, Kitab adh-Dhikr

★ Steady beats large

أَحَبُّ الْأَعْمَالِ أَدْوَمُهَا إِلَى اللَّهِ، وَإِنْ قَلَّ

“The deed most loved by Allah is the most constant of them, even if it is little.” Keep it moderate, and keep going.

Sahih al-Bukhari 6464

★ The last ten nights

He kept i'tikaf in the last ten days of Ramadan until he died, and his wives kept it after him.

Sahih al-Bukhari 2026